

## Behavioral Health

### Proposed Alignment:

<b>Mental Health Proposed Learning Outcomes</b> <b>The student will be able to:</b>	<b>Competencies and/or Descriptors from the Behavioral Health Pathway of the Career Field Technical Content Standards</b>
1. Identify principles, skills, philosophies and historical evolution of the mental health system in the United States and the impact on modern American culture and community.	7.4.11 Identify principles, skills, philosophies and historical evolution of the mental health system in the United States and the impact on modern American culture and community
2. Analyze one's own biases, values, and obstacles including cultural and social influences to work in helping professions.	1.1.11 Recognize different cultural beliefs and practices in the workplace and demonstrate respect for them.
3. Examine key concepts and terminology related to helping professions, including non-stigmatizing language and trauma informed care.	7.5.3 Recognize normative and traumatic stressors. 7.5.5 Examine key concepts and terminology related to helping professions, including non-stigmatizing language and trauma informed care.
4. Describe basic theories of helping, evidenced-based treatment techniques, and interventions used in helping professions.	7.1.1. Identify foundational and developmental psychological concepts and theories. (e.g. Maslow, Skinner, Piaget, Rogers, Freud.) 7.1.2. Describe the biopsychosocial basis of individual experiences, behaviors, and social interactions and their influence on behavioral health treatment approaches. 7.1.3. Identify the risk and relationship between medical and psychological behavioral health conditions. 7.1.4. Describe individual support systems needed to promote behavioral health and recovery strategies. 7.1.5. Differentiate behavioral health conditions, psychiatric symptoms, and their impact on functioning and behavior. 7.1.6. Determine the traits, symptoms or conditions of a patient based on deviance, distress, dysfunction, and danger. 7.2.1 Demonstrate how to therapeutically engage individuals with behavioral health conditions. 7.2.2 Demonstrate and evaluate the use of therapeutic communication. 7.2.3 Assess current behavioral state, incorporating biopsychosocial components of health and well-being. 7.2.8 Provide individualized care in collaboration with the patient or client. 7.2.12 Assist clients with learning and practicing appropriate coping skills. 7.2.13 Provide assistive care and support to clients with identified psychosocial needs.

	<p>7.2.14 Describe techniques for redirecting maladaptive behavior.</p> <p>7.2.15 Describe the importance of interpersonal relationships and social support across the lifespan.</p>
<p>5. Recognize the professional behaviors, and ethical standards required to work in helping professions.</p>	<p>7.3.1. Describe ethical codes and laws associated with behavioral health workers and direct care providership.</p> <p>7.3.2. Describe legal responsibilities and implications of criminal and civil law.</p> <p>7.3.3. Describe standards for the safety, privacy and confidentiality of behavioral health information.</p> <p>7.3.5. Summarize a patient's rights within a behavioral healthcare setting.</p> <p>7.3.6. Differentiate informed and implied consent.</p> <p>7.3.7. Summarize the scope of practice.</p> <p>7.3.8. Describe obligation of reporting activities and behaviors that could potentially affect the health, safety, and welfare of the patient and/or others.</p> <p>1.3.3 Use ethical character traits consistent with workplace standards (e.g., honesty, personal integrity, compassion, justice).</p>
<p><b>Chemical Dependency</b></p> <p><b>The student will be able to:</b></p>	<p><b>Competencies and/or Descriptors from the [Pathway Name] Pathway of the Career Field Technical Content Standards</b></p>
<p>1. Describe the etiology, theories of substance use and addictive disorders and differentiation of addiction from other medical and psychological conditions.</p>	<p>7.4.1 Compare and contrast effects of substance use disorder on the biopsychosocial and spiritual dimensions of life and functioning.</p> <p>7.4.2 Differentiate substance use disorder from other physical and psychological conditions.</p>
<p>2. Identify classifications of substances of abuse and their effects on the individual, family, community and society.</p>	<p>7.1.3 Identify classifications of substances of abuse and their effects on the individual, family, community and society.</p>
<p>3. Demonstrate knowledge of intake, screening, assessment, diagnosis, co-occurring disorders, levels of care, medical necessity and referral of persons with substance use and addictive disorders.</p>	<p>7.4.6 Describe the types of testing instruments used in the treatment of behavioral health disorders</p> <p>7.4.9 Recognize assessment procedures and diagnosis of substance use disorder.</p>
<p>4. Demonstrate knowledge of evidence based individual and group treatment and pharmacological strategies of substance use and addictive disorders across the continuum of care.</p>	<p>7.4.3 Describe theories of counseling and psychotherapy employed in the treatment of substance use disorders.</p> <p>7.4.4 Describe the effects of addictive processes on group therapy and the effects of individual diversity of group process across the lifespan.</p>

	<p>7.4.5 Demonstrate techniques used in the treatment of substance abuse and dependence.</p> <p>7.4.7 Describe historical and contemporary use of evidence-based practice in the treatment of substance use disorder.</p> <p>7.4.8 Implement procedures and strategies for relapse prevention.</p> <p>7.4.11 Analyze the pharmacology of both drugs of abuse and those used in detoxification and the treatment of substance use and other behavioral disorders.</p> <p>7.4.13 Interpret models of treatment planning; adapting treatment strategies to individual needs and characteristics with other medical and psychological conditions.</p>
5. Recognize models of treatment planning, methods of documenting treatment progress and relapse prevention	7.4.14 Develop treatment planning for relapse prevention
6. Demonstrate knowledge of the ethical standards and professional behaviors required in the field of substance related and addictive disorders.	7.4.4 Demonstrate knowledge of the ethical standards and professional behaviors required in the field of substance related and addictive disorders.
7. Determine one's personal attitudes, beliefs, values, biases, and obstacles including cultural and social influences, toward interacting/engaging persons with substance related and addictive disorders.	1.1.11 Recognize different cultural beliefs and practices in the workplace and demonstrate respect for them.